



River Oak
Center for Children

SACRAMENTO
COUNTY

River Oak South Big Horn

Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63. Mental Health Services Act (MHSA)

FIT

FLEXIBLE INTEGRATED TREATMENT WHAT WE DO:

- Outpatient Mental Health Services for youth under 21 years old
- The Incredible Years, Motivational Interviewing, Transition to Independence Process, Dialectical Behavior Therapy, Trauma-Focused CBT, Coping Cat, PC-Care, PCIT and Aggression Replacement Training
- Short-term therapy
- Coping skills building
- Medication support
- Case management
- Support out of homelessness/at risk of

SERVICE HOURS:

Monday to Thursday 8:00 AM to 6:00 PM
Friday 8:00 AM to 5:00 PM

SITE WALK-IN HOURS

Subject to change

Wednesdays 12:00 PM to 2:00 PM

Fridays 9:00 AM to 11:00 AM

WEBSITE LINK:

www.riveroak.org

SITE ADDRESS AND CONTACT INFO:

9412 Big Horn Blvd., Suite 6

Elk Grove, CA 95758

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EMAIL: info@riveroak.org

